

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: DDZZ

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Claeys Jack

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE WOMEN 15+					Heat:1, starttime: 14:00
Heat: 1/3 Lane : 5 Athlete: PETEREYNS LIEKE					Q-time: 01:07:31
PB (25m pool): 01:07.31 Eeklo 21/09/2025					PB (50m pool): 01:13.00 SB: 01:07.31 Eeklo 21/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.17		01:07.31	
		00:32.17		00:35.14	
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 15+					Heat:1, starttime: 14:05
Heat: 1/7 Lane : 8 Athlete: ONGENA THIBAUT					Q-time: 01:12:28
PB (25m pool): 01:12.28 Eeklo 21/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.56		01:12.28	
		00:33.56		00:38.72	
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 15+					Heat:3, starttime: 14:09
Heat: 3/7 Lane : 5 Athlete: PLOEM AARON					Q-time: 01:01:66
PB (25m pool): 01:01.66 Lokeren 05/04/2025					PB (50m pool): 01:03.95 SB: 01:02.76 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.60		01:01.66	
		00:29.60		00:32.06	
					

Coach feedback:

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Event number: 15: 200M BREASTSTROKE WOMEN							Heat:2, starttime: 14:21	
Heat: 2/3 Lane : 7 Athlete: VANDEKERCKHOVE FRAN							Q-time: 99:99:99	
PB (25m pool): 03:09.69 Temse 18/02/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:09.69
	no time							
								

Coach feedback:

Event number: 15: 200M BREASTSTROKE WOMEN							Heat:2, starttime: 14:21	
Heat: 2/3 Lane : 8 Athlete: VAN DE STEENE NELLE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 19: 200M MEDLEY WOMEN 13-14							Heat:3, starttime: 15:03	
Heat: 3/4 Lane : 3 Athlete: WILLEMS INNE							Q-time: 02:51:32	
PB (25m pool): 02:51.32 Durmehal 28/02/2026				PB (50m pool): no time SB: 02:51.32 Durmehal 28/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.64		01:24.95		02:13.53		02:51.32
	00:39.64		00:45.31		00:48.58		00:37.79	
								

Coach feedback:

Event number: 20: 200M MEDLEY MEN 13-14							Heat:1, starttime: 15:10	
Heat: 1/3 Lane : 4 Athlete: GRUNEWALD JASPER							Q-time: 03:03:95	
PB (25m pool): 03:03.95 Sinbad 05/10/2025				PB (50m pool): 03:15.72 SB: 03:03.95 Sinbad 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.38		no time		no time		03:03.95
	00:40.38							
								

Coach feedback:

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Event number: 22: 100M BUTTERFLY MEN 15+					Heat:1, starttime: 15:26
Heat: 1/5 Lane : 3 Athlete: PLOEM TRISTAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 15+					Heat:1, starttime: 15:26
Heat: 1/5 Lane : 6 Athlete: ONGENA THIBAUT					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 15+					Heat:2, starttime: 15:28
Heat: 2/5 Lane : 6 Athlete: PLOEM AARON					Q-time: 01:16:21
PB (25m pool): 01:16.21 Sinbad 12/01/2025 PB (50m pool): no time SB: 01:16.42 Sinbad 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.04		01:16.21	
	00:35.04 00:41.17				
					

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:1, starttime: 15:36	
Heat: 1/4 Lane : 2 Athlete: VAN DE STEENE NELLE							Q-time: 02:59:88	
PB (25m pool): 02:59.88 Dendermonde. 22/11/2025				PB (50m pool): no time SB: 02:59.88 Dendermonde. 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.41		01:23.66		no time		02:59.88
	00:38.41		00:45.25					
								

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: DDZZ

Event number: 23: 200M FREESTYLE WOMEN							Heat:2, starttime: 15:39	
Heat: 2/4 Lane : 4 Athlete: WILLEMS INNE							Q-time: 02:38:10	
PB (25m pool): 02:38.10 Dendermonde. 22/11/2025				PB (50m pool): 02:46.74SB: 02:38.10 Dendermonde. 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.77		01:17.15		no time		02:38.10
	00:36.77		00:40.38					
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:3, starttime: 15:43	
Heat: 3/4 Lane : 5 Athlete: PETEREYNS LIEKE							Q-time: 02:26:58	
PB (25m pool): 02:26.58 Dendermonde. 22/11/2025				PB (50m pool): 02:40.08SB: 02:26.58 Dendermonde. 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.94		01:10.86		no time		02:26.58
	00:33.94		00:36.92					
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:4, starttime: 15:46	
Heat: 4/4 Lane : 7 Athlete: VANDEKERCKHOVE FRAN							Q-time: 02:22:69	
PB (25m pool): 02:22.69 Eeklo 21/04/2025				PB (50m pool): 02:24.93SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.45		01:09.67		no time		02:22.69
	00:33.45		00:36.22					
								

Coach feedback:

Event number: 24: 200M FREESTYLE MEN							Heat:1, starttime: 15:49	
Heat: 1/6 Lane : 5 Athlete: PLOEM TRISTAN							Q-time: 99:99:99	
PB (25m pool): 02:46.08 Lokeren 29/09/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:46.08
	no time							
								

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: DDZZ

Event number: 24: 200M FREESTYLE MEN							Heat:2, starttime: 15:53	
Heat: 2/6 Lane : 3 Athlete: GRUNEWALD JASPER							Q-time: 02:43:07	
PB (25m pool): 02:43.07 Dendermonde. 22/11/2025				PB (50m pool): no time SB: 02:43.07 Dendermonde. 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.47		01:20.94		no time		02:43.07
	00:37.47		00:43.47					
								

Coach feedback:

Event number: 24: 200M FREESTYLE MEN							Heat:2, starttime: 15:53	
Heat: 2/6 Lane : 8 Athlete: VANDEKERCKHOVE VICTOR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 26: 100M BREASTSTROKE MEN 15+							Heat:1, starttime: 16:13	
Heat: 1/4 Lane : 4 Athlete: ONGENA THIBAUT						Q-time: 01:34:44		
PB (25m pool): 01:34.44 Eeklo 21/04/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:43.54		01:34.44				
	00:43.54		00:50.90					
								

Coach feedback: